

# A Daughter's Destiny

## DISCUSSION QUESTIONS

There are three sets of discussion questions that go with the book, *A Daughter's Destiny*. Please choose the set that best fits the objective of your group.

The first set helps to deepen the mother-daughter relationship.

The second set helps readers to process through their broken dreams.

The third set goes with a Bible Study teaching on DVD that corresponds to each chapter in the book. On the DVD the author uses *A Daughter's Destiny* as an illustration of misguided choices with life lessons based on teaching from the Bible.

To invite Anita Carman to speak at your event, please email [speaker@inspirewomen.org](mailto:speaker@inspirewomen.org) or call 713-521-1609

# **A Daughter's Destiny**

**DISCUSSION QUESTIONS FOR  
Processing through broken dreams**

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Library of Congress Cataloging-in-Publication Data

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A Daughter's Destiny/Anita Carman

ISBN 978-0-9772905-5-0

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Printed in the United States of America

SAN 257-1439

Published by Inspire Women

1415 S. Voss, # 110-516

Houston, TX 77057

Inspire Women does not accept unsolicited manuscripts.

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“A Daughter's Destiny”

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## **A DAUGHTER'S DESTINY**

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### **Chapter 1: Born a Daughter**

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1. Were there dreams you were forced to give up because of choices a member of your family made?
2. Did you experience a loss that shook your confidence? Who or what did you lose? How did you put your world back together?
3. Did your culture or the people around you limit you because of your age, gender, ethnicity or economic background?
4. Did your siblings or peers encourage you to reach your potential or were they indifferent or jealous of you?
5. Do you remember a conversation from your childhood with a person of authority that either inspired or wounded you? How did you let this conversation influence your future?

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#### **Chapter 2: Hope Rises and Falls**

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1. Describe a wish you had that came true only to find your wish did not bring you lasting happiness.
2. When a door that opened in your life shut suddenly, how did you cope with your loss?
3. Describe a loss that shook you up. Did your loss draw you towards God or away from Him?
4. Do your emotions go up and down a roller coaster based on your circumstances? What situations cause you the greatest worry?
5. Is there someone you look to as your savior instead of looking to God? If so, how secure are you as you face changes in your life?

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### **Chapter 3: Choices at the Crossroads**

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1. Describe a crossroad in life when you had to make a decision. What values influenced your choice?
2. There are times when you dislike all your options but must make a decision. Who in your life has the most influence in how you make decisions?
3. Are there choices you are ashamed of or wish you could have a redo with?
4. Is there a friend you trust to offer you wise counsel in your decisions? What makes this friend trustworthy?
5. Fast forward your life and imagine how your choices affect your future. Where will you be ten years from now based on the choices you are making? Is this the future you want?

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### **Chapter 4: Clarity through Flashbacks**

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1. Is there a conversation that you recycle in your mind? How do your flashbacks to this conversation affect you?
2. Is there an event in your life that continues to influence your choices? Are you a prisoner of past events?
3. Is there someone you need to forgive to let go of resentment in your life?
4. Is there something you need to do to have closure? Is there a promise you need to keep? Is there a debt you need to pay?
5. Do you recall a time when you said, "When I grow up, I will..." or "If I had the money I will..." or "If God delivers me from this situation I will..." What have you done with your *I will's*?

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### **Chapter 5: The Wilderness Years**

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1. Describe a time of loneliness in your life. Do you think your peers experience similar loneliness in their lives?
2. Why do you think God allows us to experience loneliness? How can loneliness serve God's purpose?
3. Have you ever suffered from the betrayal of a trusted friend? How did you respond?
4. What is your attitude towards challenges that never seem to end? Who in your life is a role model of perseverance?
5. What person or cause in your life is worthy of your greatest sacrifice? Who or what is worthy of your sufferings?



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### **Chapter 6: Dawn after the Darkness**

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1. The Bible tells us that God sent His Son to die on the cross to pay the penalty of our sins. Do you believe this message? If not, how will you pay for your sins when you give God an accounting of your life?
2. Do you regard your life as an opportunity to chase your dreams or to live for God's dreams? What do you think God cares about?
3. Describe your understanding of what it means to be the child of a heavenly Father. When people look at you, how do they know you are related to God?
4. How much do you trust God? Is your faith or lack of it influenced by your parents?
5. If God said He would give you whatever you wanted, what would you ask for? Would what you ask for align with God's values?

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### **Chapter 7: Women, Finding Closure**

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1. What mistakes did you make in your life that you wish you could undo? What would you like your children or spiritual children to learn and not repeat?
2. Did your parents endure some sufferings so you would not need to? What opportunities were you given and how did you make the most of your opportunities?
3. How are you similar to or different than your parents in your values and priorities?
4. God does not send us to meet every need in the world, but He uses our background for the call that is perfectly matched to us. Was there something you witnessed in your life that has shaped your passion? What causes are you drawn to?
5. God did not cause our sufferings. We live in a fallen world. What God offers us is His power to transform our sufferings to serve His purpose. How can your sufferings serve God's purpose?



